

SKILLS TRAINING



**LEAGUE
DEVELOPMENT
PLAY**



www.HotVolleyballNYC.com

Welcome to the HOT Volleyball NYC Family!!!

Dear Athlete and Family,

We can't wait to start the Volleyball FUN this Week at Camp!!!! Coach Traci, HOT Volleyball NYC Owner & Head Coach, played Division I volleyball and has been coaching for 24 years and all of our coaches are experienced volleyball players/coaches.

HOT Volleyball NYC Summer Camps have helped athletes over the past 13 years hone in their Basic fundamentals, team concepts and help athlete reach their goals to progress to the next the NEXT LEVEL. Great camps for Trying out for your teams and Fine-tuning your skills. All camps are for Coed and for ALL Levels.

Participants will work on:

- Individual Skills (passing, setting, serving, hitting and blocking)
- Team Concepts (strategies, coverage, defense, serve receive, rotations)
- Endurance & Movement Training
- Play Games & Tournaments!

• CONTACT INFO FOR DIRECTORS Traci Edwards & Jessy Rodriguez

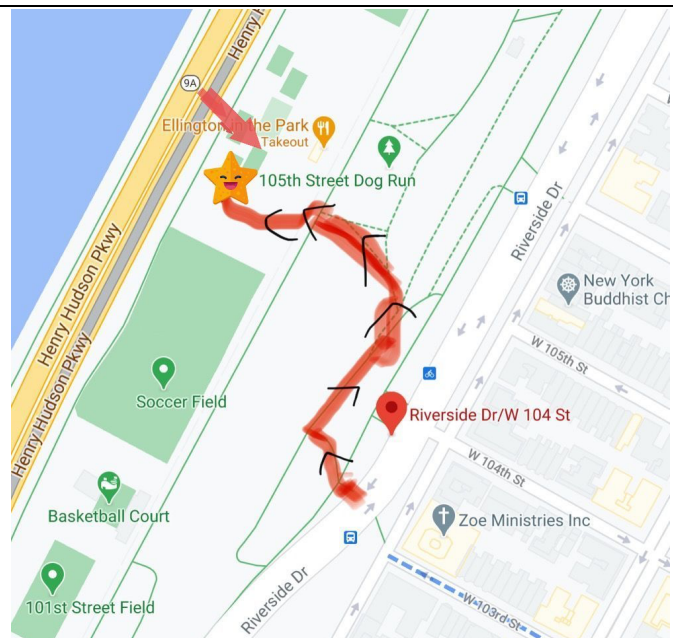
- Phone: 646-418-4926 or 917-734-2523 (8 am - 10 pm Mon-Fri)
- info@hotvolleyballnyc.com (best way for general questions)
- Year-Long Programs Sept to June & Camps June to Sept: www.HOTvolleyballnyc.com

DROP-OFF and PICK-UP:

(Look for **HOT Volleyball NYC** Coaches with **RED** shirts)

PLEASE MAKE SURE TO **CHECK IN & CHECK OUT** EVERY DAY. This is mandatory!

You must check in with your child in the morning and also check out. Please help us out with this very important procedure for the child's safety. Security is our number one priority.



DROP-OFF and PICK-UP:

* Additional Fees for Early Drop-Off & Late Pick-Up. If earlier than 8:15am or later than 5:30pm MORE fees will be added.

Location: Enter park - West 103rd Street/Riverside Drive, walk down steps and down path. Towards Ellington in the Park Cafe Lower Level in Riverside Park (Look for umbrellas). Your child will be on the cafe's lower level, near the courts. (MAP above)

FULL DAY			
* Early DROP-OFF	DROP-OFF	PICK-UP	* Late PICK-UP
* 8:15 am – 8:45 am	8:45 am – 9 am	3:15 - 3:30 pm	* Between 3:30 - 5:30pm

HALF DAY Morning (ALL Ages)		
* Early DROP-OFF	DROP-OFF	PICK-UP
* 8:15 am – 8:45 am	8:45 am – 9 am	12 pm

HALF DAY Afternoon (Boys ONLY Class 10-14)		
DROP-OFF	PICK-UP	* Late PICK-UP
12 pm	3:15 - 3:30 pm	* Between 3:30 - 5:30pm

GENERAL CAMP INFORMATION

- **Snacks and WATER** will be provided (unless you prefer to bring a snack)
- **Financial Aid, Early Bird & Multi-week Discounts** are available.
- **LUNCH - Full-day Athletes will break for lunch from 12pm to 12:30pm**
- **MUST BRING LUNCH EACH DAY** except those who ordered lunch when registering. We do NOT Allow athletes to purchase lunch at camp. A freezer pack in the lunch bag is recommended and lunches will be kept under shade. Nut-free snacks will be provided each day before camp dismissal and water is provided all day. PLEASE NOTE WE ARE NOT A NUT-FREE CAMP FOR LUNCH. Please no sodas, sugary drinks or glass bottles.
- Please alert us if there your child is extremely allergic to something and cannot have them near the particular irritant.
- If lunch was purchased at registration, they will receive it at 12pm by a coach.
- Please reply to info@hotvolleyballnyc.com if there are any dietary or medical issues we should know about, even if you have included this info in your registration.

UNIFORM POLICY:

Athletes will be given a HAT, water bottle & 4 HOT Volleyball NYC T-shirts and are required to wear a camp shirt each day. Lightweight shorts, tights or gym pants and athletic sneakers are recommended. Knee pads are available for \$31 (recommended). Also, additional shirts can be purchased for \$25 each. Via Venmo @hotvolleyballnyc (put name and camp week in the memo).

WHAT TO BRING:

- **Athletic Sneakers ONLY**
- **Water bottle w/name on it (water on site for refills)**
- **Wear sunscreen** (Please note we are not allowed to apply sunscreen to young campers.)
- **Shorts or tights**
- **Please put your child's name on all belongings** they bring to camp. We cannot be responsible for items at camp that have no names.

RAIN CONTINGENCY POLICY (Subject to change)

If it looks like prolonged rain throughout the day we will move all campers to a safe indoor facility. We have the Fieldhouse onsite and a public school available to transfer to and finish the day of camp.

We have covered locations at camp where athletes will be supervised and safe if rain is heavier. We may have a delayed start or have camp drop off at the courts under our covered areas. You will be informed via email or text or you may call to confirm drop off and pickup changes if bad weather.

ADDING WEEKS

Additional weeks can be added to your child's camp session as long as there is space. Inquire with me as soon as possible about additions and go to <http://www.rcta.info/sports/> to add to your account.

FOR SCHEDULING SWITCHES, REGISTRATION AND PAYMENT QUESTIONS:

E-Mail our camp admin Ahmed Cohen sports@riversideparknyc.org

We look forward to working with your athlete and teaching them all the wonderful things the sport of volleyball has to offer. We want every child to love the sport as much as we do and build their confidence having so much fun doing it. If you have any questions or concerns, please give us a call or email anytime.

See you on the court,

Traci Edwards

Coach Traci & HOT TEAM

646-418-4926

info@hotvolleyballnyc.com

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